



What to Expect After Your IUD is Placed

- The day you have the IUD placed you will likely have mild to moderate cramping and vaginal bleeding. **Ibuprofen 800mg by mouth every eight hours** can be used to relieve this.
- In the weeks to follow you will likely experience stronger cramps than you had prior to the IUD. These will subside as your periods become lighter.
- Many patients experience daily spotting with occasional heavier flow for the first three months the IUD is in place. If this is the case, please call our office and we can prescribe a medication to help diminish this.
- You should feel for the IUD strings each month, particularly if you experience a heavy period. If you are unable to locate the strings, please call our office.
- If the strings are felt by your partner, please call the office to set up a time to have them shortened.

If you experience severe cramping, heavy bleeding, or a fever you should notify our office immediately.